

ISA WEST BASEBALL

PRACTICE PLAYER PROGRAM

Off Season Instructional Program

The ISA Practice Player program is designed for athletes who want to train at ISA like an ISA Travel team player, but without the requirement to play for an ISA team. This program allows athletes to play for a summer team of their choice.

Youth Practice Player - 8U-14U

Instructional workouts begin the week of September 30th and end the week of March 10th (1x per week)

- Weekly baseball instruction sessions cover
 - 1.5 Hours per Practice
 - Defense, hitting, pitching, catching, throwing, baserunning/speed training and baseball basics, in a team training setting
 - Classroom Breakdowns
 - Hitting testing to show progression
 - **Open gym times/facility access will be available during duration of program**

High School Practice Player - 15U-18U

Instructional workouts begin the week of September 30th and end the week of March 10th (1x per week)

- Weekly baseball instruction sessions cover
 - 1.5 Hours per Practice
 - Defense, hitting, pitching, catching, throwing and baseball basics, in a team training setting
 - Speed and Strength Training
 - Online personalized profile to view test day videos/results
 - **Open gym times/facility access will be available during duration of program**
- College Recruiting Assistance (17/18U Athletes)
 - Recruiting Video Highlighting the following: Hitting, Throwing, Pitching, Catching, Defense, Running
 - Videos will include metrics such as Exit Velocity, Pitching/Throwing Velocity, etc.
 - Recruiting consultation and applicable follow up with ISA Recruiting Coordinator

Practice Uniform and Gear

Marucci Sports is an official partner of Impact Sports Academy and through our partnership, ISA is able to offer an exclusive discount on Marucci products. Each player will be provided access to our Marucci website to order merchandise, baseball equipment and gear.

The ISA Marucci store can be accessed year-round with the below credentials:

Website: lockerroom.maruccisports.com

Password: ISAWest

All baseball practice players will receive an ISA practice shirt and hat.

Playing Opportunities

In the event an ISA Travel Team would need a player due to any unforeseen circumstance, ISA practice players will be the first to be considered. This opportunity may be a one weekend fill-in or as a full-time player. In the event that a player moves on to a full-time team, uniform packages would be an additional cost of \$300.

Youth Practice Player Program Cost

Total Program Cost: \$1,500

Due on acceptance of spot: \$500

Remaining Balance: \$143/month for 7 consecutive months (Sept - March)

All payments are non-refundable. A 3% processing fee will be added to all electronic payments.

Training Options:

9U-11U: Mondays – 5:00-6:30 pm

12U-14U: Mondays – 6:40-8:10 pm

High School Practice Player Program Cost

Total Program Cost: \$1,500

Due on acceptance of spot: \$500

Remaining Balance: \$143/month for 7 consecutive months (Sept - March)

All payments are non-refundable. A 3% processing fee will be added to all electronic payments.

Training Option:

15U-17U: Mondays – 8:20-9:50 pm

Important Dates

Week of September 30 th	Training Begins
November 25 th – December 1 st	Thanksgiving Break
December 23 rd - January 5 th	Winter Break
March 16 th	Training Ends

*There will be no make ups for weather cancellations.